



Alpha Appetizers

Fried Green Tomatoes

Served with roasted red pepper mayonnaise, red onion marmalade and topped with feta cheese. **7.25**

Crab Cakes

Two crab cakes on a bed of mixed greens and topped with an orange ginger dressing. **9.95**

Fried Pickles

Hand-breaded and fried served with a creamy dill pickle dipping sauce. **8.95**



Surfin' Soup of the day

Cup **3.75** / Bowl **4.75**



Sand dollar Salads

Crab Cake Salad

Pan seared crab cakes on a bed of field greens with diced tomatoes, dried cranberries, cucumbers and orange ginger vinaigrette.

Half (one crab cake) **6.55**

Whole (two crab cakes) **12.95**

Cold Salad with Field Greens

Generous portion of either chicken salad, egg salad or tuna salad served on a bed of field greens with cucumbers and tomatoes.

Half (one scoop) **4.55**

Whole (two scoops) **9.25**

Fried Green Tomato Salad

Field greens with our freshly made fried green tomatoes, topped with feta cheese and served with a side of roasted red pepper mayonnaise and red onion marmalade.

Half (two fried green tomatoes) **4.75**

Whole (four fried green tomatoes) **8.95**

Garden Salad

Field greens, cucumbers, tomatoes, peppers, hard-boiled egg, cheddar cheese and bacon. Served with your choice of dressing.

Half **4.95**

Whole **9.95**

Add a Meat

Chicken **3.25**

Crab Cakes **6.25**

Ham or Turkey **2.99**



Sides: Fries, Kettle Chips, Sweet Potato Tots, Field Green Salad, Coleslaw.
Fruit or cup of soup extra charge

Bread Choice: White, Wheat, Marble Rye, or Wrap.
Croissant and Gluten-free bread extra

Kool by the Pool Cold Sandwiches

Chicken Salad: Served with lettuce, tomato, and your choice of bread and one side. **8.25**

Egg Salad: Served with lettuce, tomato, and your choice of bread and one side. **6.95**

Tuna Sandwich: Served with lettuce, tomato, and your choice of bread and one side. **9.95**

Club Sandwich: Ham, Turkey, Bacon, cheddar cheese, lettuce, tomato and herb aioli. Served on your choice of bread and one side. **10.50**

Bacon in the Sun Sandwiches

Served with choice of one side

BLT (Bacon, Lettuce, Tomato) **8.99**

Smoked hickory bacon, lettuce, tomato and herb aioli mayonnaise.

BLTA (Bacon, Lettuce, Tomato, Avocado) **9.75**

Smoked hickory bacon, lettuce, tomato, avocado and herb aioli mayonnaise.

BLFGT (Bacon, Lettuce, Fried Green Tomato) **9.75**

Smoked hickory bacon, lettuce, fried green tomato and roasted red pepper mayonnaise.

BLTE (Bacon, Lettuce, Tomato, Egg) **9.25**

Smoked hickory bacon, lettuce, tomato, two eggs your way with house-made apple butter.

Hot as the Sun Sandwiches

Served with choice of one side

Fried Green Tomato Sandwich

Served with lettuce, feta cheese, red onion marmalade and roasted red pepper mayonnaise. Served on a grilled hoagie roll. **8.95**

Tuna Melt

Freshly prepared white albacore tuna salad, grilled tomatoes and provolone cheese, Served on your choice of bread. **10.50**

Turkey Apple Butter Gouda Cheese

Smoked turkey, house-made apple butter, gouda cheese and lettuce. Served with a honey dijon dressing on grilled gourmet grain bread. **9.50**

Reuben Sandwich

Our house-made shredded corned beef with sauerkraut, swiss cheese and house-made thousand island dressing. Served on grilled gourmet marble rye bread. **10.50**

Italian Grilled Cheese

Basil pesto, gouda cheese, roasted red peppers, tomatoes and spinach. Served on grilled gourmet wheat bread. **7.75**
Add Chicken **3.25**

Crescent Moon Sandwich

Your choice of ham or smoked turkey with gouda and cheddar cheese, topped with honey dijon dressing, Served on a warm croissant. **8.50**

Philly Cheese Steak

Chopped sirloin with sautéed peppers and onions, provolone cheese, mayonnaise and Italian seasoning. Served on a grilled hoagie roll. **9.95**

Meatloaf Sandwich

Our famous grilled meatloaf, topped with cheddar cheese on your choice of bread. **8.75**

Cheese Burger Our ultra thin 4oz. steak burger.. stack'em high!

All burgers are served on a warm bun with herb aioli and a side of lettuce and tomato.

Single **6.95**

Double **9.42**

Triple **11.92**

Cheese Choices:

Cheddar, American, Habanero, Gouda, Provolone, Swiss

Patty Melt

Two thin burgers served with sautéed onions, swiss cheese, herb aioli mayonnaise on gourmet marble rye bread. **9.75**

Black Bean Veggie Burger

Made in-house with black beans, green peppers, onions, corn and our secret seasoning. Served on a grilled bun with lettuce, tomatoes, herb aioli mayonnaise, habanero cheese and avocado. **8.95**



Sunrise Special

MONDAY THRU FRIDAY 7:00-9:00am -DINE IN ONLY- No Substitutions

Two eggs cooked your way with a choice of bacon, pork sausage patty, or turkey sausage links.
Served with grits or hashbrowns and toast or biscuit. **5.75**

Surf's Up Platters

Egg Platter

Two eggs cooked your way with a choice of bacon, sausage patty, or turkey sausage links.
Served with grits or hashbrowns and toast or biscuit. **6.99**

Corned Beef Hash Platter

Our house-made corned beef mixed with onions, peppers, potatoes and seasoning.
Served with two eggs cooked your way and your choice of toast or biscuit. **9.25**

Griddle Platter

One slice of french toast or two pancakes, two eggs cooked your way with a choice of bacon, sausage patty, or turkey sausage links. Choice of grits or hashbrowns. **6.99**

Biscuit and Gravy Platter

Smothered biscuit, two eggs cooked your way with a choice of bacon, sausage patty, or turkey sausage links. **7.95**

Country Fried Steak and Egg Platter

Chicken fried steak topped with a white-pepper gravy and two eggs cooked your way.
Served with grits or hashbrowns. **9.99**

Chicken N' Waffles

Our house-made beligan waffle topped with powdered sugar and house-made apple butter. Served with a boneless fried chicken thigh. **8.99**



Tidal Wave Platter

Three eggs cooked your way, biscuit and gravy, two bacon, two sausage patties, two turkey links, grits or hashbrowns. **11.75**

Breakfast in a Bowl

Beach Mess

Three eggs scrambled with bacon, sausage, ham and tomatoes, on a bed of hashbrowns topped with shredded cheese.
Served with toast or biscuit. **9.75**
Add sausage gravy. **2.50**

Veggie Mess

Three eggs scrambled with mushrooms, spinach, peppers, tomatoes and onions on a bed of hashbrowns topped with shredded cheese and avocado
Served with toast or biscuit. **9.50**

Corned Beef Hash Mess

Three eggs served your way on top of our corned beef hash on a bed of hashbrowns topped with shredded cheese.
Served with toast or a biscuit. **9.99**

Smothered Biscuits

Buttermilk biscuits smothered with southern style sausage gravy.
Whole (two biscuits) **8.25**
Half (one biscuit) **4.12**

Breakfast Sandwiches

Breakfast Burger

Sausage patty topped with hashbrowns, bacon, cheddar cheese, with one egg topped with syrup. Served with grits or hashbrowns. **8.95**

Morning Grab

Two eggs prepared your way with your choice of meat (bacon, sausage patties, turkey sausage links or sliced ham), sliced tomatoes and american cheese on a warm croissant.
Served with your choice grits or hashbrowns. **8.99**

Build your own Sandcastle Omelet



Three egg omelet with your choice of any three items:
Cheese, Peppers, Onions, Mushrooms, Spinach, Tomatoes, Jalapeno, Avocado, Bacon, Ham or Sausage.

Served with either grits or hashbrowns and toast or a biscuit. **8.75**

Add additional veggies- **.40** per item
Add additional meats- **1.00** per item

Bikini Benedicts

Classic Eggs Benedict

Two poached eggs, canadian bacon on an english muffin and topped with our freshly prepared hollandaise sauce *
Served with grits or hashbrowns. **7.50**

Crab Cake Bene

Two poached eggs and our freshly made crab cakes on an english muffin and topped with our freshly prepared hollandaise sauce.*
Served with grits or hashbrowns. **12.50**

Beachin' Egg Bene

A classic dish with our flare; two poached eggs, bacon, fried green tomatoes on an english muffin and topped with our freshly prepared hollandaise sauce.*
Served with grits or hashbrowns. **8.95**

Southern Bene

Two poached eggs, sausage patties on a grilled biscuit topped with sausage gravy.
Served with grits or hashbrowns. **8.50**

Veggie Bene

Spinach, grilled tomatoes, two poached eggs on an english muffin and topped with our freshly prepared pesto hollandaise sauce.*
Served with grits or hashbrowns. **7.75**

Beachin' Crab Bene

Our famous fried green tomatoes on an english muffin topped with our house-made crab cakes, two poached eggs and topped with our freshly prepared hollandaise sauce.* **12.99**

Flip Floppin' French Toast

Classic

Topped with honey butter and powdered sugar. **5.99**
Add bacon, sausage patties, or turkey links.
2.50

Caramel Pecan

Topped with pecans, caramel sauce, honey butter and powdered sugar. **7.25**
Add bacon, sausage patties, or turkey links.
2.50

Strawberry N' Cream

Topped with house-made whipped cream and strawberry sauce, fresh strawberries and powdered sugar. **7.75**
Add bacon, sausage patties, or turkey links.
2.50

Beach Bum Belgian Waffles

Classic

Topped with honey butter and powdered sugar. **5.25**
Add bacon, sausage patties, or turkey links.
2.50

Caramel Pecan

Topped with pecans, caramel sauce, honey butter and powdered sugar. **6.50**
Add bacon, sausage patties, or turkey links.
2.50

Strawberry N' Cream

Topped with house-made whipped cream and strawberry sauce, fresh strawberries and powdered sugar. **7.00**
Add bacon, sausage patties, or turkey links.
2.50

Frisbee Cakes

Classic

Served with honey butter. **5.25**
Add bacon, sausage patties, or turkey links.
2.50

Caramel Pecan

Topped with pecans, caramel sauce, honey butter and powdered sugar. **6.50**
Add bacon, sausage patties, or turkey links.
2.50

Strawberry N' Cream

Topped with house-made whipped cream and strawberry sauce, fresh strawberries and powdered sugar. **7.00**
Add bacon, sausage patties, or turkey links.
2.50

***CONSUMING RAW OR UNDERCOOKED EGG, BEEF, POULTRY, OR SEAFOOD MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS**

Sides

Lunch Sides:

French Fries 3.00
Sweet Potato Tots 3.00
Kettle Chips 3.00
Field Green Salad 2.00
Coleslaw 2.00
Fresh Fruit 3.25
Side of the Day 2.00

Breakfast Sides:

2 Sausage Patties 2.50
2 Bacon 2.50
2 Turkey Links 2.50
Cheddar Grits 2.00
Grits 1.75
One Egg 1.25
Sausage Gravy 2.50
Hashbrowns 2.00
Biscuit 1.50
Toast 1.00
Croissant 1.75
English Muffin 1.25
Fruit 3.25
One slice of French toast 2.00
Two Pancakes 2.75

Beverages: 2.25

with refills (dine-in)

Sweetened Iced Tea
Unsweetened Iced Tea
Coke
Diet Coke
Coke Zero
Sprite
Root Beer
Lemonade
Regular or Decaf Coffee Hot Tea

Non-refilled Beverages:

Small 2.25 Large 3.25
Hot Cocoa
Milk
(Chocolate add .50)
Orange juice
Apple juice
Cranberry Juice
V8 - 3.25 per serving

Wine: Bottle 16 / Glass 6

Cabernet Sauvignon
Merlot
Pinot Noir
Pinot Grigio
Chardonnay
Sauvignon Blanc
White Zinfandel
Sparkling Wine

Beer:

Bud Light **2.50**
Founder's Dirty Bastard **3.50**
Stella Artois **3.50**
Corona **2.95**
Shock Top Belgian White **3.50**
Michelob Ultra **2.50**
Odoul's **2.25**

Specialty Drinks:

5.00

Mimosa
Poinsettia
Make your own Bloody Mary Bar

*CONSUMING RAW OR UNDERCOOKED EGG, BEEF, POULTRY, OR SEAFOOD MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS